



VR Conflict De-escalation Training

- ✓ Immersive
- ✓ Effective
- ✓ Proven

"The training felt like a real-time event. It made the learnings easy to implement."
Youth Worker, Strive Community Trust.

Virtual Reality training is a hands-on experience for teams that can be offered in any location.

Small group guided sessions for four individuals take just 30 minutes, but the confidence and communication skills gained can last a lifetime.

Secure your training now:

0800 423 888

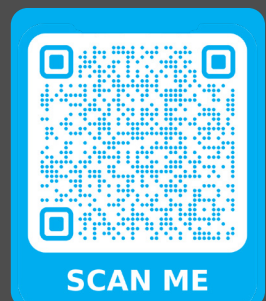
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Special
Introductory Offer

\$2,499

(for group of 12)



SCAN ME

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Workplace Communication



VR Conflict De-escalation Training

Module 1: TRIGGERS



- ✓ Identify the different states of escalation: Neutral, Escalated and Violent states
- ✓ Learn and identify triggers
- ✓ Physical signs of escalation (gestures, expression, stance, body language)
- ✓ Verbal signs of escalation (tone, volume, pace and vocabulary)

Module 2: DE-ESCALATION



- ✓ Utilising tone to de-escalate a heightened person
- ✓ Stay calm during tense situations
- ✓ Breathing techniques to stay calm and respond appropriately
- ✓ Using stance and body language to de-escalate situation
- ✓ Identify and use physical barriers
- ✓ Removing yourself from a high-risk situation

Module 3: ROLE PLAY



- ✓ Role play real world examples of an escalated situation. Repeat if required.

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CASE STUDY

In today's high-pressure environments, effective conflict de-escalation is essential for frontline staff who interact directly with the public. Aspire2 Workplace Communication's Virtual Reality (VR) courses in conflict de-escalation are making a significant difference in preparing employees to handle challenging situations confidently and professionally.

THE CHALLENGE

Frontline employees in sectors such as customer service, healthcare, and social work often face emotionally charged situations. Without proper training, these interactions can escalate, leading to customer dissatisfaction, safety risks, and staff burnout. Recognising this, Aspire2 Workplace Communication developed immersive VR training designed to build resilience, communication skills, and de-escalation techniques.

THE SOLUTION: IMMERSIVE VR TRAINING

Aspire2's VR de-escalation training places participants in realistic scenarios, allowing them to practice:

- Managing tone of voice and body language.
- Creating safe spaces and using environmental barriers.
- Breathing techniques to stay calm under pressure.
- Active listening and empathy.

The interactive nature of VR enables employees to learn by doing, enhancing engagement and retention of skills.

IMPACT AND FEEDBACK

Participants from various organisations have praised the training for its practicality and effectiveness. Here's what they've said:

Engagement and Realism

- "The training felt like a real-time event. It made the learnings easy to implement." – Youth Worker, Strive Community Trust.
- "It was interactive and interesting. Doing rather than just listening makes a huge difference." – Project Coordinator

Practical Skills Gained

- "Breathing and staying calm helps me think before responding." – Administrator.
- "Using tone and body language effectively prevents escalation." – Property Coordinator.
- "Learning to create barriers and identify exits ensures safety in volatile situations." – Sustaining Tenancy Coordinator.

Application in the Workplace

- A Managing Director shared, "I plan to use our counter as a barrier and monitor my tone during conflicts."
- A Grants Distribution Lead highlighted how the course equipped them with "tools to handle potential escalations while maintaining a calm tone."
- A Youth Worker noted, "These skills are essential for my role, where I often deal with high-risk individuals."

THE RESULTS

Organisations implementing Aspire2 Workplace Communication VR training have reported:

- Improved employee confidence in handling difficult situations.
- Safer work environments for staff and clients.
- Enhanced communication skills, leading to better customer experiences.

WHY CHOOSE ASPIRE2

According to the Navigating Frontline Interactions white paper, conflict de-escalation is critical for maintaining employee well-being and customer satisfaction. Aspire2's VR training addresses these needs by:

- Offering realistic and engaging scenarios.
- Teaching strategies that are easy to remember and apply.
- Empowering employees to remain calm and professional in any situation.

CONCLUSION

Aspire2 Workplace Communication's VR de-escalation training equips employees with the skills they need to thrive in challenging roles. By investing in this innovative approach, businesses can ensure safer, more productive workplaces and better outcomes for all.

